



Activities for Staying Connected

At Pilgrim, we support the mental, physical, and spiritual health of our patients and residents every day. We encourage independence by helping everyone stay connected to the community around us, through programs such as exercise classes, cookouts, pet therapy, and shopping expeditions.

We celebrate diversity here at Pilgrim. Our Spanish and Portuguese-speaking residents love connecting with our many team members who share their culture and language.

Award-Winning Care



We work hard to provide outstanding care, and it shows. Pilgrim is proud to be recognized among the top 5% of centers in the nation for customer and employee satisfaction, based upon consistent positive feedback on surveys by My InnerView, an Independent national firm.

AHCA/NCAL Bronze
Commitment to Quality
Award, 2010

AHCA/NCAL Silver
Commitment to Quality
Award, 2011

Annual My InnerView
Excellence in Action
Awards since 2010

Berkshire Healthcare is a not-for-profit consumer-centered organization committed to fulfilling the health and residential needs of the population in the communities we serve. Our network of resources and healthcare professionals allows our affiliates to consistently deliver the highest quality of care.

At Pilgrim, getting better never felt better.
Call to experience our superior care.



Pilgrim Rehabilitation
and Skilled Nursing Center

A Member of Berkshire Healthcare

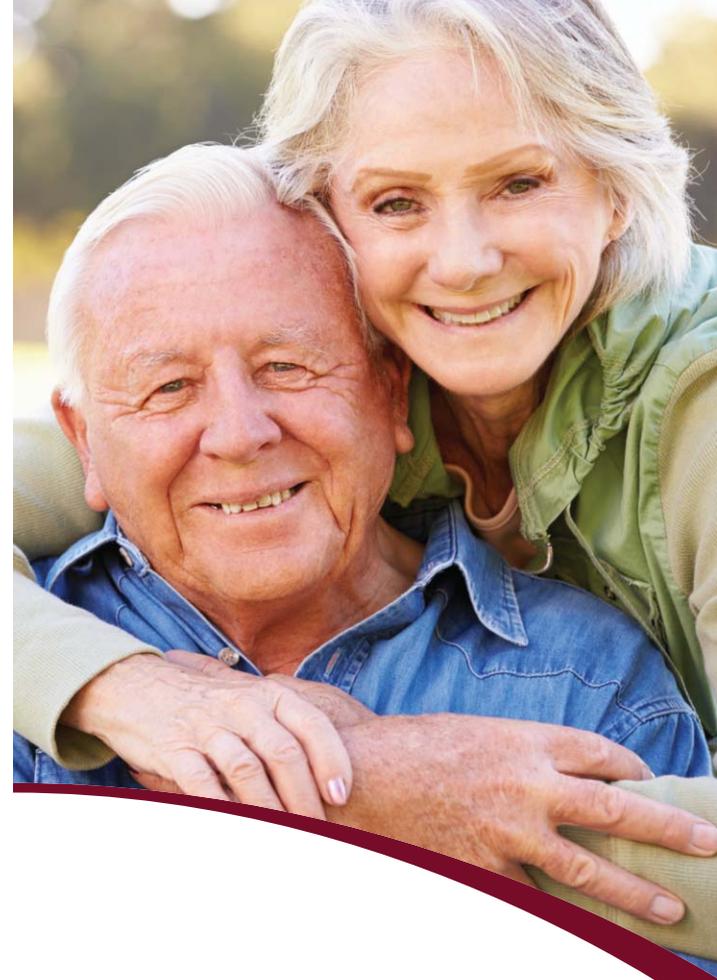
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Getting Better Never Felt Better



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We're Perfecting the Art of Superior Care

Like the pioneers who inspired our name, Pilgrim is leading the way, providing state-of-the-art rehabilitation and nursing care on the North Shore.



The Future of Healthcare is Here

We have been proudly caring for our North Shore neighbors since 1965. As healthcare has changed over the years, we've led the way, offering the latest in therapies and amenities to help our short-term and long-term residents feel better.

Our core team include nurses and nursing assistants, rehab therapists, respiratory therapists, social workers, activities staff, a dietician, and our medical director. Together these professionals create a personalized care plan based on the individual's strengths, needs and abilities.

The Right Level of Care

Steps to Strength Short-Term Rehabilitation – Transitional care to maximize recovery and help you return home after surgery or a critical health-related event.

Skilled Nursing Care – Just the right level of care after a hospital stay or chronic condition flare-up.

Long-Term Care – Around-the-clock nursing care and supervision, enhanced with assistance with daily living.

Respite Care – A brief stay when family members or in-home caregivers need extra support or a little time away.

Hospice Care is also available.



Our short-term patients benefit from our Steps to Strength program. Here, you'll find a dedicated place to rebuild strength and take steps to recovery after surgery or a hospital stay.

- 24-hour nursing care and supervision
- Private and semi-private rooms with enhanced amenities
- Separate private entrance, dining room, and living room with fireplace and outdoor patio
- Expanded rehabilitation gym
- Spa-style shower room
- Garden featuring a tranquility courtyard

